



# siam Organic spa

| 100% NATURAL TREATMENTS |



Siam Botanicals skincare products are used exclusively in our treatments.

All products are 100% natural & free of chemicals & preservatives



Siam Botanicals' skincare range is completely free from chemicals, fillers & artificial colours and fragrances. How can you tell? Because you don't need a degree in chemistry to understand our list of ingredients. Take a look, it's freely available there is nothing to hide: you'll see natural cold pressed oils & herb, flower & fruit extracts... & absolutely nothing else. No parabens, no sulphates, no polysorbates, no ethanolamine. Everything we put into the products is there because it offers a specific benefit to your skin or to your general wellbeing.

### MAKING A SELECTION

Our staff are on hand to help you choose the treatment using the Siam Botanicals products that best suit your needs and preferences.

### SPECIAL REQUESTS

You may request a specific therapist & we will try to accommodate your preference.

### WHAT TO WEAR

Maintaining your comfort is important to us. You will be discreetly draped at all times + disposable underwear, robes & slippers are provided.

### ETIQUETTE

We try and promote a feeling of calm & relaxation, please respect the privacy of other guests & turn off or silence mobile telephones/tablets.

### BOOKING

We recommend advance reservation to secure your preferred date & time.

**| NATURAL BEAUTY & WELLNESS SALON |**

**4 STEP ORGANIC FACIAL** - Cleanse , exfoliate, mask & moisturize

Choose from 6 different face serums to suit your skin type

- Baht 800

**HAIR & SCALP TREATMENT**- Nourishing & moisturizing, naturally

Choose from:

Argan [Moroccan] Oil & Lemon Balm

- Baht 600

Coconut & Curry Leaf

- Baht 600

**HAND MASSAGE** - Natural oils & botanicals to rejuvenate & refresh

Choose from 4 skin conditioning blends

- Baht 500

**BACK, NECK & SHOULDER MASSAGE**

Using Siam Roots 100% Natural body oil

- Baht 600

**FOOT MASSAGE**

Using cool & refreshing Artisan oil

- Baht 500

**MANICURE** - With OPI polish [free of toluene, DBP & formaldehyde]

Choose from range of colours

- Baht 500

**PEDICURE** - With OPI polish [free of toluene, DBP & formaldehyde]

Choose from range of colours

- Baht 500

siam  
**organic spa** - **NATURAL BEAUTY PACKAGE** -

Choose any 3 treatments from the above

*Includes 'detox' fruit juice blend*

**+ 10% discount**

## | FACIAL COLLECTION |

### **REVITALISE FACIAL - Rejuvenating**

A revitalizing, age-defying treatment which combines the remarkable properties of Argan and Moringa oils. This uplifting facial noticeably brightens skin tone, smoothing fine lines and resulting in a brighter fresh appearance.

**TREATMENT TIME: 60 minutes - Baht 1,700**

### **DETOX FACIAL - Intensive**

A deep cleansing and detoxifying facial treatment with the antioxidant rich plant essences of juniper berry, patchouli and grapefruit.

**TREATMENT TIME: 60 minutes - Baht 1,500**

### **SUNSET FACIAL - Relaxing & Healing**

A deeply relaxing skin-healing and soothing evening-time facial treatment for tired skin, stress relaxation and jetlag relief

**TREATMENT TIME: 60 minutes - Baht 1,400**

## | BODY COLLECTION |

### **AFTER SUN TREATMENT - with Lavender & Aloe Vera**

Use the power of nature to soothe & heal sunburned skin. A lavender infused ice compress is followed by a gentle application of 100% Pure Aloe Vera to affected areas.

**TREATMENT TIME: 30 minutes - Baht 990**

### **REFRESHING BODY SCRUB - Peppermint, Ginger & Lavender**

A revitalizing and uplifting full body scrub with the cooling and invigorating scents of peppermint and ginger combined with skin cleansing extracts of turmeric and kaffir lime. Finishes with a full body treatment with our uplifting **Revive skin conditioner**,  
a pick-me-up skin tonic with eucalyptus and lavender.

**TREATMENT TIME: 60 minutes - Baht 1,500**

### **RELAXING BODY POLISH - Lavender, Rosemary & Lemongrass**

A relaxing and clarifying full body scrub with the soft scents of lavender and rosemary combined with the skin-brightening extracts of tamarind and acacia root. Finishes with a full body treatment with our award winning **Siam Roots skin conditioner**, a balancing skin tonic with lemongrass, ginger and muscle-soothing Plai Root.

**TREATMENT TIME: 60 minutes - Baht 1,500**

### **SENSUAL BODY POLISH - Jasmine, Rice & Rose**

A soft and fragrant full body scrub with anti-oxidant rich, skin brightening jasmine rice and the soft scent of pure rose water. Finishes with a full body treatment with our sensual **Oriental skin conditioner**, fragrant and deeply moisturizing combining  
the hypnotic eastern scents of oriental jasmine and ylang ylang with the spicy citrus scent of bergamot.

**TREATMENT TIME: 60 minutes - Baht 1,500**

### **RELAXING SPA BATH**

Rejuvenate, refresh + relax mind, body & soul with a soothing bath  
Choose from 4 signature salt, essential oil & herb blends:

- Lavender & Teatree**
- Rosemary & Peppermint**
- Lemongrass & Orange**
- Juniper & Grapefruit**

**TREATMENT TIME: 30 minutes - Baht 600**

## | MASSAGE COLLECTION |

### **CLASSIC THAI MASSAGE**

A centuries old massage technique which combines elements of yoga, shiatsu & acupressure

**TREATMENT TIME: 60 minutes - Baht 850**

**TREATMENT TIME: 90 minutes - Baht 1,250**

### **CLASSIC THAI MASSAGE & HERBAL COMPRESS**

Classic Thai massage combined with a Siam Herbal Compress.

The Thai Herbal Ball compress technique offers several potential health benefits: It induces deep relaxation, relieves stress and fatigue, assists alignment and postural integrity of the body and improves circulation of blood.

The hot compresses are ideal for alleviating pain, stiff, sore or pulled muscles and ligaments, chronic back aches, arthritis, even skin conditions, migraines and chronic stress or anxiety.

**TREATMENT TIME: 90 minutes - Baht 1,450**

### **SWEDISH MASSAGE**

Deep tissue therapeutic oil massage, promotes muscle recovery, improved blood flow and alleviates fatigue.

Choose from our range of Artisan Body Oils.

**TREATMENT TIME: 60 minutes - Baht 1,300**

### **FOOT SPA & MASSAGE**

A holistic therapy which uses pressure techniques on the feet to promote good health, relax the entire body & ease tension.

**TREATMENT TIME: 60 minutes - Baht 750**

### **INDIAN HEAD MASSAGE**

A relaxing and rejuvenating hot oil head massage with Siam Botanicals Oriental Body Oil. This ancient treatment promotes well being & increases circulation.

**TREATMENT TIME: 60 minutes - Baht 1,300**

## **AROMATHERAPY MASSAGE**

A gentle & restorative massage using a therapeutic blend of 100% natural pure oils by Siam Botanicals.

### **ARTISAN**

A soft smooth & skin nourishing blend of native Thai oils, Rice Bran , Coconut & Sesame

Choose from 3 signature blends:

**Siam Roots: Lemongrass & Plai**  
**After Sun: Peppermint & Eucalyptus**  
**Oriental: Jasmine & Ylang Ylang**

**TREATMENT TIME: 60 minutes - Baht 1,200**

### **DEEP MOISTURE**

A nutrient rich blend of raw oils with 30% Jojoba Oil content. This oil blend is light textured & smooth. A relaxing, restorative massage is combined with a deep penetrating body treatment leaving skin soft, hydrated and silky.

Choose from 3 signature blends:

**Meditation: Bergamot & Rosemary**  
**Refresh: Lemongrass & Orange**  
**Rejuvenate: Rosemary & Clove**

**TREATMENT TIME: 60 minutes - Baht 1,450**

### **DEEP THERAPY**

Deep Therapy blends include Moringa, Tamanu and Argan Oil, whose naturally active properties have long been recognized by indigenous peoples for their restorative powers.

Choose your oil:

**Detox Blend - to rid toxins from tired, stressed & polluted skin**  
**Skin Therapy Blend - to repair damaged & irritated skin.**

**TREATMENT TIME: 60 minutes - Baht 1,550**



## | ESSENTIAL COLLECTION |

### ESSENTIAL MANICURE

Relax with a Rose Water & Lavender hand soak, hand & arm massage,+ organic nail treatment using fresh Thai herbs, followed by nail & cuticle care

Choose from range of OPI polishes

TREATMENT TIME: 60 minutes - Baht 700

### ESSENTIAL PEDICURE

Relax with a detoxifying salt soak & foot massage & organic nail treatment using fresh Thai herbs, followed by nail & cuticle care

Choose from range of OPI polishes

TREATMENT TIME: 60 minutes - Baht 700

## | KNOW YOUR SPA PRODUCTS |

### **CHECK LABELS CAREFULLY**

Personal care products are subject to much less control than food products. Many chemical and synthetic additives used in cosmetics are banned from use in food products.

### **Synthetic substances to AVOID**

**Parabens** - A group of non-food grade preservatives, commonly found in lotions, shampoos , soaps and scrubs.

**SLS** – Sodium Lauryl Sulfate & other sulfate based detergents

**Petrochemicals** – Including isopropyl alcohol, butyl alcohol and ethanol

**Propyl Glycol & Polyethylene Glycol** – ingredients formulated with PEGs and PGs

**Synthetic Dyes**- anything with F & DC preceding it

**Chemical Fragrance** – usually listed as Fragrance or Scent

Check out watchdog site: [www.ewg.org/skindeep](http://www.ewg.org/skindeep) for more information

## | DIFFERENCES: CERTIFIED ORGANIC & 100% NATURAL |

### **CERTIFIED ORGANIC**

Products registered by organizations like **ECOCERT & USDA Organic** are regulated for their % of organically grown ingredients.

These products do **NOT** need to be 100% Natural and are allowed up to 5% synthetic content , which can include ingredients from the above list.

**100% NATURAL** [all skin care products used at Siam Organic Spa]

To state this on its label a product must have **0%** synthetic content and **100%** naturally derived ingredients.



| 100% NATURAL SPA TREATMENTS |



**100% NATURAL** NO: polysorbates AKYL **100%** natural cold  
**100% ethical** NO: sulphates EDTA pressed oils **SIMPLY**  
**NO:** synthetics SLS based agents PARABENS **pure, the best that**  
ETHANOLAMIDES ONLY **100%** nature HAS TO OFFER

[www.pierfortytwo.com/spa](http://www.pierfortytwo.com/spa)